FREE PRINTABLE · CHIHUAHUA PUPPY

Potty training *schedule*

One week, one sheet. Take him to his spot at the four key moments (waking up, after meals, after play, before bed), write the time and tick what happened.

Los Chihuahuas

Puppy's name _____ **Age (months)** _____ **Week of** _____ **Cue word** _____

☐ Went in the right spot (pad or outside) ☐ Accident Tick one box per trip.

Moment	Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wake up first thing in the morning		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After a meal 10 minutes after eating		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After play		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After a nap right after waking up		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After a meal 10 minutes after eating		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
Every ___ hours see the chart below		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After play		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After a nap right after waking up		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
After a meal 10 minutes after eating		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
Every ___ hours see the chart below		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
Before bed last trip; water stops 2 h earlier		☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
Day total ✓ / ✕								

How often, *by age*

Age	Can hold it (awake)	Potty breaks a day
2 months	1 to 2 hours	8 to 10
3 months	2 to 3 hours	6 to 8
4 months	3 to 4 hours	5 to 6
6 months	4 to 5 hours	4 to 5
Adult	5 to 6 hours (no more than 8)	3 to 4

Rule of thumb: as many hours as he is months old, plus one, up to about 6. A 2-month-old: every 2 hours even if nothing has happened. Real bladder control arrives between 4 and 6 months.

WHAT MAKES IT WORK

- **One spot, always the same,** away from his bed and food bowl.
- **Say the cue word** while he's going, in a neutral tone.
- **Reward at the exact second** he finishes, right there.
- **Interrupt without drama** and carry him to the pad.
- **Never punish** or rub his nose in it: he'll learn to hide.
- **Enzymatic cleaner** or half water, half white vinegar. Never bleach or ammonia.
- **A sudden relapse in an adult?** See the vet first: a urinary infection is the number one cause.

Full method: loschihuahuas.com/en/blog/how-to-potty-train-a-chihuahua/